

308 Occupational First Aid Level 3 PRO

Instructional time – 35 hours



Course Pre-requisite:

- Previous completion of OFA Level 3 (70 hour) Course.



Target Audience

- This course is for workers requiring Occupational First Aid Training under the WCB Requirement.



Learning Outcomes

- Participants will:
 1. Perform the priority action approach;
 2. Learn how to deal with Airway, Breathing & Circulation Emergencies
 3. Treat severe bleeding;
 4. Perform a secondary survey;
 5. Splint a leg and arm;
 6. Transport an injured patient with use of a spine board;
 7. Treat minor injuries; and
 8. Follow prescribed WCB documentation guidelines.



Delivery Method

The Occupational First Aid Level 3 PRO course is divided into 2 parts:

- Theory; and
- Practical.



Demonstration of Skills and Knowledge

- Participants will perform first aid procedures
- 2 hour Written Exam 70%
- 4 hour Practical Exam 70%



Topics

1. The role and duties of an Occupational First Aid Attendant;
2. Scene assessment;
3. C-Spine control;
4. Primary survey;
5. Secondary survey (vital signs, history-taking, head-to-toe examination);
6. Medical and environmental emergencies;
7. Skin and soft tissue anatomy and function;
8. Eye injuries;
9. Principles of burn management;
10. Poisons;
11. Patient packaging and immobilization for rapid transport;
12. Head and brain injuries, neck and spinal injuries;
13. Abdominal and pelvic injuries; and
14. Immobilization, manage fractures and dislocations