

## 304 Canadian Red Cross CPR “C”



Authorized Provider

***Instructional time – 8 hours  
(Recertification – 4 hours)  
Certification lasts 3 years***



### Target Audience

- This course is for anyone over 16 years old and workers required to provide first aid in day care and health care workplaces.



### Learning Outcomes

- Participants will:
  1. Perform the priority action approach and primary survey (check, call, care);
  2. Learn how to perform Cardiopulmonary Resuscitation (CPR) 1 Rescuer on an adult, child and infant (CPRC) and use an Automated External Defibrillator (AED);



### Delivery Method

The Canadian Red Cross CPR “C” course is divided into 2 parts:

- Theory; and
- Practical.



### Demonstration of Skills and Knowledge

- 30 minute written exam 75%
- Demonstrate all first aid skills learned in the class.



### Topics

1. Preparing to respond;
2. The EMS system;
3. Check, call, care; and
4. Airway, breathing & circulation emergencies for adult, child and infant