

302 Canadian Red Cross Emergency First Aid

Authorized Provider

Instructional time – 6.5 hours

Certification lasts 3 years



Target Audience

- This course is for anyone over 16 years old and workers required to have First Aid Training under the Canadian Labour Code.



Learning Outcomes

- Participants will:
 1. Perform the priority action approach and primary survey (check, call, care);
 2. Learn how to perform Cardiopulmonary Resuscitation (CPR) 1 Rescuer on an adult, child and infant (CPRC) and use an Automated External Defibrillator (AED);
 3. Treat minor injuries, and medical emergencies.



Delivery Method

The Canadian Red Cross Emergency First Aid course is divided into 2 parts:

- Theory; and
- Practical.



Demonstration of Skills and Knowledge

- 30 minute written exam 75%
- Demonstrate all first aid skills learned in the class.



Topics

1. Preparing to Respond;
2. The EMS System;
3. Check, Call, Care;
4. Airway, Breathing & Circulation Emergencies;
5. First Aid for Respiratory & Cardiac Arrest; and
6. Automated External Defibrillator