

204 Respiratory Training and Fit Testing

Instructional time – 1/2 day



Target Audience

- This program is specifically designed for workers and supervisors who want to become respirator fit testers.



Learning Outcomes

- Participants will:
 1. Know how to use the OHS Regulation and the WC Act to access health and safety requirements;
 2. Roles and responsibilities of supervisors and workers;
 3. Learn what is required in a respiratory program;
 4. Understand the basic sources of respiratory hazards;
 5. Understand when a respirator is required and the type of respirator needed;
 6. Know how to choose the appropriate equipment including filters and cartridges;
 7. Perform fit tests on various types of respirators;
 8. Perform seal checks before each use; and
 9. Care and maintenance of respirators.



Delivery Method

The Respiratory Training and Fit Testin class is divided into three parts:

- Theory;
- Fit testing of selected respirators; and
- Table top and case study.



Demonstration of Skills and Knowledge

- Perform a fit test with the pre-screening steps; and
- Complete an exam (75% passing grade required).



Topics

1. WorkSafe requirements (includes CSA Z94.4 02);
2. Respirator program based on CSA requirements;
3. What is a respirator;
4. Types of respiratory hazards;
5. Selecting the right respirator;
6. Seal checks;
7. How to perform a fit test and demonstrating this skill; and
8. Care and maintenance of respirators.